

Day 3: Forming one body: "Love one another as I have loved you" (John 15:12b)

Scripture (see readings over the page)

- Colossians 3:12-17, Clothe yourself with compassion
- John 13:1-15; 34-35, Love one another

Meditation

On the eve of his death, Jesus knelt to wash the feet of his disciples. He knew the difficulty of living together and the importance of forgiveness and mutual service. "Unless I wash you," he said to Peter, "you have no share with me."

Peter received Jesus at his feet; he was washed and was touched by the humility and gentleness of Christ. Later he would follow Jesus' example and serve the fellowship of the faithful in the early Church.

Jesus wishes that life and love circulate through us as the sap through the vine, so that Christian communities be one body. But today as in the past, it is not easy to live together. We are often faced with our own limitations. At times we fail to love those who are close to us in a community, parish or family. There are times when our relationships break down completely.

In Christ we are invited to be clothed in compassion, through countless new beginnings. The recognition that we are loved by God moves us to welcome each other with our strengths and weaknesses. It is then that Christ is in our midst.



Prayer

God our father, you reveal to us your love through Christ and through our brothers and sisters. Open our hearts so that we can welcome each other with our differences and live in forgiveness. Grant us to live united in one body, so that the gift that is each person comes to light. May all of us together be a reflection of the living Christ. Amen.

Colossians 3:12-17

¹² As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. ¹³ Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive. ¹⁴ Above all, clothe yourselves with love, which binds everything together in perfect harmony. ¹⁵ And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. ¹⁶ Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. ¹⁷ And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

John 13:1-15

Jesus Washes the Disciples' Feet

¹³ Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. ² The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper ³ Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, ⁴ got up from the table, took off his outer robe, and tied a towel around himself. ⁵ Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. ⁶ He came to Simon Peter, who said to him, 'Lord, are you going to wash my feet?' ⁷ Jesus answered, 'You do not know now what I am doing, but later you will understand.' ⁸ Peter said to him, 'You will never wash my feet.' Jesus answered, 'Unless I wash you, you have no share with me.' ⁹ Simon Peter said to him, 'Lord, not my feet only but also my hands and my head!' ¹⁰ Jesus said to him, 'One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.' ¹¹ For he knew who was to betray him; for this reason he said, 'Not all of you are clean.'

¹² After he had washed their feet, had put on his robe, and had returned to the table, he said to them, 'Do you know what I have done to you?' ¹³ You call me Teacher and Lord—and you are right, for that is what I am. ¹⁴ So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. ¹⁵ For I have set you an example, that you also should do as I have done to you.

John 13:34-35

³⁴ I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. ³⁵ By this everyone will know that you are my disciples, if you have love for one another.'